

## Useful things to know about

### Childline



0800 1111, <https://www.childline.org.uk/>, offers help and support over the phone and online

Think U know,



<https://www.thinkuknow.co.uk/>

has information and games to help you stay safe online (On the front page there are coloured blocks for different ages. Why not ask someone at home to help you have a look at the website to find out how you can stay safe when using a phone, computer or tablet.



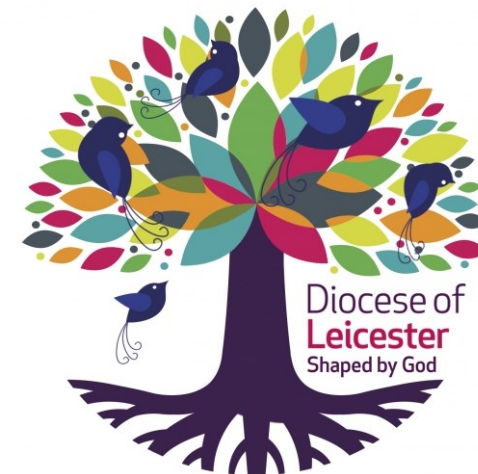
We would like to acknowledge the help of the children of St Christopher's Church Leicester in providing the illustrations for this leaflet.

[www.leicester.anglican.org](http://www.leicester.anglican.org)



## How we keep you safe in church.

### A guide for children



There are lots of people in the Diocese that are involved in trying to make sure that you are kept safe at church. Some of them you know, and some of them you may not.

Some of the people that you might not know could include Bishop Martyn and Bishop Saju.



You might see the Bishops dressed like this, although you may see them more as they look below.



Who are the people at church or home that you would talk to if you were worried about something?

Is there anything that you think your church could do to help you feel safe and happy to tell someone if you are worried about something?



Can you tell someone at church your ideas?





## What we need you to do



Although everyone will do their best to keep you safe at church, it's important that if you feel unsafe, see or hear something that makes you worried that you tell someone, even if it isn't happening whilst you're at church.

It might be a group leader, someone that looks after you, the vicar or someone else.

There are lots of people that want you to feel safe and to help when you don't. Sometimes the person you talk to will have to tell someone else so that they can get you the best help.

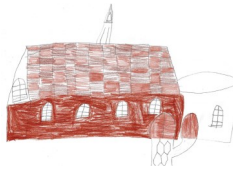
Sometimes adults don't realise the things that you are worrying about, but they will want to help you if you tell them.

We want church to be a safe place where you can learn new things about God, grow in your faith and think about the difference that you can make in the world. We also want it to be a place where you can talk to people if you are worried about something.

This leaflet is to help you understand the things the church does to look after you and keep you safe. There are also some questions for you to think about with space that you can add your own ideas in whatever way works best for you.

Who are the people you know who try and keep you safe?

## What to expect at church



Every church is different; sometimes you might be in a group with other children and sometimes be together with adults.

But when you're at church you should expect:

- ♦ To be taught by 2 leaders if you're in a separate room.
- ♦ To be able to talk to someone, and ask questions, if you're worried about something.
- ♦ To feel that you are in a safe place and cared for.
- ♦ To learn things.
- ♦ To be able to take part in activities.



Leaders and helpers, including vicars also completing safeguarding training, to help them know how to keep you safe.

If you want to know more you could ask one of your leaders what they did.

What skills do you think someone working with children needs?

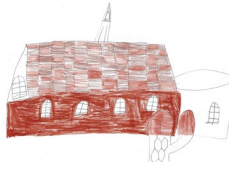
Some ideas other people thought of are:

Time to listen

Patience



## How do people get to work with children at church?



Your leaders and helpers will be people that your church believes will do their best to help you discover more about God and keep you safe.

They will have been through a process called Safer Recruitment, to check that they have the gifts they need and are safe to work with children, just like the teachers at your school.

This means that they will have had a chat with the vicar or the person that leads the children's work and they will have completed some paperwork. The paperwork includes something called a DBS check so that other people can check they are safe to work with you.



8

- ♦ To have the opportunity to make friends.
- ♦ To discover more about God.
- ♦ To be encouraged to think for yourself and not to be told what you must believe.
- ♦ People to talk so that you can understand what they mean
- ♦ To have the chance to say what you think about things sometimes
- ♦ To be allowed to be children
- ♦ People to talk to you, to get to know you and your name.



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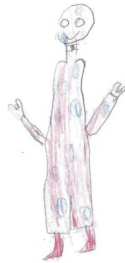


Is there anything else you would expect from your church or like them to do for you?

What do you like to do in your church?

Here are some ideas that other children had.

Good biscuits would be nice!



Have nice Bibles that aren't old and dusty or smell funny.

To be able to do things to help but not feel I can't say no.



Is there anything you don't enjoy so much at church?

Have you ever told anyone at church about any of these things? Could you try?