

## **Twelve ways to interact with South Asian heritage**

1. Start South Asian Heritage Month with a look at the [national website](#) that provides a background on the origins of the celebratory month and toolkits that can aid in your local context.
2. The Diocese of Leicester has put together some videos that share the Christian experience of some of our South Asian members. Click [here](#) to see how they find being part of the Church of England.
3. **South Asian Heritage Special Service – Church of the Martyrs** - this special gathering will include South Asian worship, traditional and contemporary music, and expressions of faith through dance, spoken word and storytelling. After the service, stay and enjoy a taste of South Asian food—alongside Christian fellowship.  
**Date:** Sunday 17 August, 6.15 pm (doors open at 5.30pm).  
For more info, please email [Shobha.Gosa@leicestercofe.org](mailto:Shobha.Gosa@leicestercofe.org)
4. **Bhangra and Biryani** – come and enjoy an even of dancing and food for the whole family. This will be a lively event held at St Philip and St James Church, but be sure to book early as spaces will fill up.  
*Tickets available from Revd Ed, Revd Riffat or contact Angle Cain at [childrensministryratby@gmail.com](mailto:childrensministryratby@gmail.com)*
5. **Biryaniwala** - offers rich flavours that provide an authentic, unforgettable taste of Hyderabad Biryani. Visit them on 28b Melton Road, LE4 5EA.
6. **Pamson Grill** - is a restaurant that cooks excellent traditional Pakistani food with finger-licking authentic flavours. Click [here](#) to see their menus and address, you will not be disappointed.
7. The infamous '**Golden Mile**' is the name given to Belgrave Road in Leicester, which sells the highest quantity of gold in all of Europe. Originally part of the ancient Roman Fosse Way, it is now famed for its jewelers – but also its Indian restaurants, sari shops and annual celebratory illuminations. Be sure to take a visit for some food, shopping or beauty treatments – you'll find them all here.
8. **Herb** is an award-winning, Leicester based restaurant that specialises in vegetarian and vegan cuisine, reproducing the tastes and flavour of Kerala, India. The school of vegetarian cuisine takes its name from the traditional Herbal cooking in Kerala and **Herb** does its best to incorporate the same principles of healthy eating, alongside delicious herbs and spices.
9. **LCB Depot** is a creative arts space in Leicester that will be hosting a South Asian Heritage Month event on 23 July, which will give voice to South Asian creatives, sharing their inspirations, stories and how they have trailblazed in their specific areas. Tickets can be booked [here](#), so join an evening of honest conversations, as you hear how South Asians are navigating, reshaping and reimagining their place in the creative industry.
10. One of the most easily accessible ways to learn about differing heritages and experiences is through the visual medium. Here are a few **film recommendations** to watch over the next month:
  - *A Private Enterprise*
  - *Bhaji on the Beach*
  - *Matangi/Maya/M.I.A*
  - *Bend it Like Beckham*
  - *Sport*
  - *Blinded by the Light*
11. If films are not for you, consider this [list](#) of **South Asian authors** who provide a captivating portrayal of the South Asian experience. (Fiction and non-fiction).

- ***Empireland*** – Sathnam Sanghera
- ***The Things That We Lost*** – Jyoti Patel
- ***Ammu*** – Asma Khan
- ***The God of Small Things*** – Arundhati Roy
- ***Brown Baby*** - by Nikesh Shukla

12. **Kayal** is a family-owned restaurant that boasts authentic Kerala seafood that celebrates a rich heritage in Indian cuisine. [Kayal](#) is also an award-winning eatery, that has various branches, one being ***Kayal's Herb*** that offers solely vegetarian meals/options.